to this reference card, please call 925-373-5390. errors or omissions. To correct or add information information after publication. We apologize for any or guarantee any service listed, or the accuracy of provided as a service. The publishers do not endorse The information in this reference card is

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gro.rinaba.www human services 24 hours a day, 7-days a week. access to housing information, and critical health and Call 2-1-1 for free, non-emergency, confidential





Pocket Guide to Human Services

Compliments of the City of Livermore and City of Pleasanton **Human Services Commissions** 

#### Alcohol and Drug Services

Al-Anon Family Group & Alateen - District 16 Tri - Valley P.O.Box 1797 (925) 277-7661

Confidential support, literature and meetings for family and friends affected by someone else's drinking. Also provides support to teens. www.ncwsa.org

Alcoholics Anonymous (AA) Valley Service Center 7000 Village Pkwy, Suite 5 Dublin, CA 94568 (925) 829-0666

24-hour answering service gives information on alcoholism and referrals to meetings of AA. www.valleyservicecenter.org

Axis Community Health - Adult & Teen Drug and

Alcohol Recovery (DARP) 6666 Owens Drive Pleasanton, CA 94588 (925) 201-6053 (Adult) (925) 201-6201 (Teens) Clients may enroll themselves, be referred by medical and mental health professionals, employers, or others; including court referrals. www.axishealth.org

Axis Community Health - DUI First Offender Program

Dublin Tech Center 6666 Owens Drive Pleasanton, CA 94588 (925) 556-2520 State licensed first offender program. Enrollment and completion satisfies DMV and court-mandated DUI school. www.axishealth.org

Narcotics Anonymous

Valley Memorial Hospital 1111 East Stanley, Café 1 Livermore, CA 94550 Offers relief from active addiction in a group setting. See website for meeting information. www.naalamedacounty.org

National Council on Alcoholism and other Drug Addictions- Bay Area

Local: (925) 932-8100 24-hour helpline: (415) 296-9900 Individual screening and assessment, referral to detoxification and substance abuse facilities. www.ncadaba.com

1811 Santa Rita Rd, Suite 108 Pleasanton, CA 94566 (925) 426-0501 Provider of individual counseling, addiction and eating disorder treatment with help for the family members. www.rquest.org

R-Ouest

U.S. Department of Veteran Affairs Oakland Mental Health and Substance Abuse Clinic 2505 West 14th Street

Oakland, CA 94607 (510) 587-3400 Outpatient alcohol and drug rehabilitation and methadone maintenance counseling for www.northerncalifornia.

#### Child Care Services

va.gov/visitors/oakmhc.asp

Child Care Links

1020 Serpentine Lane, Suite 102 Pleasanton, CA 94566 (925) 417-8733 Free Resource and Referral for child care in the Tri-Valley area. Child care subsidies for income-eligible families. www.childcarelinks.org

Community Association for Preschool Education (CAPE)

1724 Holmes Street, Bldg. B Livermore, CA 94550 (925) 443-3434 Provides early child development services that meet the needs of low-income children and their families. www.capeheadstart.org

Kidango

44000 Warm Spring Road Fremont, CA 94538 Enrollment & info: (800) 262-4252 Provides subsidized full-day and part-time care for kids ages 0-5 at four locations in Livermore. www.kidango.org

LARPD

4444 East Avenue Livermore, CA 94550 Extended Student Services (ESS): (925) 960-2480 Tot Drop: (925) 284-3999 Provides both Extended Student Services (ESS) and Kid's Zone (KZ) after school programs as well as summer programs. www.larpd.dst.ca.us

#### Tri-Valley YMCA Child Care

4725 First Street, Suite 200 Pleasanton, CA 94566 (925) 475-6108 Classes on readiness for preschool and recreational activities for K-5 children. http://trivalley.ymcaeastbay.org Alameda County

**Support Services** 

(800) 809-2955

www.acgov.org/css

Witness Assistance

Oakland, CA 94612

(510) 272-6180

Program

Department of Child

5669 Gibraltar Drive

Pleasanton, CA 94588

Establishes paternity and child

support orders and collects child

and spousal support payments.

Alameda County District

Attorney's Office Victim/

1401 Lakeside Dr, Suite 802

Protects and promotes the rights

of crime victims by ensuring the

www.alcoda.org/victimwitness

delivery of quality services.

Alameda County Public

Pleasanton Branch Office

5672 Stoneridge Drive

Pleasanton, CA 94588

Defense representative on

www.acgov.org/defender

Center for Community

291 McLeod Street

(925) 373-1035

neutral facilitators.

(LCFF)

Livermore, CA 94550

Provides mediators, trainers,

management consultants and

www.trivalleymediation.com

Law Center for Families

510 16th Street, Suite 300

representation, advice, referrals

and community education

concerning: housing rights,

consumer law, economic

family law/domestic violence.

Oakland, CA 94612

(510) 451-9261

Provides individual

criminal cases for low-income

or indigent adults and juveniles.

Dispute Settlement (CCDS)

Defender (ACPD)

(925) 551-6863

#### **Child Protection** Services -

Alameda County Social Services Agency Children and Family Services Department 24100 Amador Street Hayward, CA 94544 (510) 259-1800

24-hour confidential child abuse hotline to report suspected abuse or endangerment of children age 0-17. www.alamedasocialservices. org/public/services/children\_ and family

Family Paths

22455 Maple Ct, Suite 402 Hayward, CA 94541 Main phone: (510) 582-0148 24 hour support: (800) 829-3777 Provides a variety of counseling services to low-income families and individuals, including 24 hour support referrals hotlines, Emergency Respite Child Care, and CalWORKS support counseling and Positive Parenting classes. www.familypaths.org

Trustline Registry

(800) 822-8490 Screening program for inhome caregivers and childcare providers in California. www.trustline.org

# Criminal Justice and Legal Services

regardless of financial status

www.alamedasocialservices.

disabled\_adults/abuse

org/public/services/elders\_and\_

and/or ability.

support/public benefits, and language access. www.lcff.org Alameda County Adult Legal Assistance for Seniors Protective Services 464 7th Street 6955 Foothill Blvd, 3rd Floor Oakland, CA 94607 Oakland, CA 94605 (510) 832-3040 (510) 577-3500 Provides free legal advice and Investigates, intervenes and representation, health insurance serves disabled adults ages counseling, and community 18 or over including disabled education to qualified Alameda and elderly who are known County residents. or suspected victims of abuse, www.lashicap.org neglect. Serves all adults

> Tri-Valley Haven **Domestic Violence Services** P.O. Box 2190 Livermore, CA 94551 (800) 884-8119

(925) 449-5845 Crisis hotline: (925) 449-5842 Battered women's shelter and rape crisis assistance. Support groups and legal services for temporary restraining order and long-term protective orders. www.trivalleyhaven.org

Tri Valley Youth Court P.O. Box 1135 Livermore, CA 94550 (925) 337-7175 Serves as an adjunct to the Juvenile Justice System; a voluntary court process where the teenage offenders are brought in front of a jury of peers. www.trivallevvouthcourt.com

#### Developmental and Physical Disability Services

Arc of Alameda County The Independent Way 1951 Rutan Drive Livermore, CA 94551 (925) 294-8834 Case management, advocacy, day care and vocational programs for developmentally disabled children and adults.

California School for the Deaf 39350 Gallaudet Drive

www.tiw-alameda.com

Fremont, CA 94538 Phone: (510) 794-3666 TTY: (510) 794-3672 Residential education and day school for deaf or hearing impaired persons of all ages. Information and referral center. www.csdf.k12.ca.us

Community Resources for Independent Living (CRIL)

3311 Pacific Avenue Livermore, CA 94550 (925) 371-1531 Advocacy, case management, and resource referrals for persons with disabilities. www.cril-online.org

East Bay Innovations **Consumer Connections** 

303 West Joaquin Avenue San Leandro, CA 94577 (510) 618-1580 Provides counseling, education, and support to individuals and groups of adults with developmental disabilities www.eastbayinnovations.com

Kaleidoscope After-School Program 7425 Larkdale Avenue **Dublin, CA 94568** (925) 828-8857 Recreation, independent living skills, and socialization after school and during vacations for developmentally disabled youth.

Keystone Adult Learning Center, Inc. 1241 Quarry Lane, Suite 145 Pleasanton, CA 94566 (925) 484-5330 Works with families and the local community to serve the needs of adults with developmental disabilities.

# National Federation of the Blind of California Alameda-Contra Costa

www.kalc.org

Easter Seals Bay Area

http://bayarea.easterseals.com

Chapter 3934 Kern Court Pleasanton, CA 94588 (925) 462-8575 Advocacy, information and referral, readers' scholarships and support for blind persons. www.nfbcal.org

#### Pleasanton Paratransit Services (PPS)

See Transportation Services

RADD

Recreation Activities-Livermore 4444 East Avenue Livermore, CA 94550 (925) 373-5721 A recreational program designed for people age 15 and older with developmental disabilities. www.larpd.dst.ca.us/programs/ radd.html

### RADD Recreation Activities-

Pleasanton 200 Old Bernal Avenue Pleasanton, CA 94566 (925) 931-3432 A recreational program designed for people age 15 and older with developmental disabilities. www.ci.pleasanton.ca.us/ services/recreation/radd.html

REACH

(925) 484-0344 Promotes the welfare of persons with developmental disabilities including housing, fitness and education. www.houseinc.org www.tvsnf.org

Regional Center of the East Bay 7677 Oakport St, Suite 300 Oakland, CA 94621

(510) 383-1200 Plans and coordinates services and support for the developmentally disabled and their families in Alameda and Contra Costa counties. www.rceb.org

## Education, Employmen and Training Services

Alameda County Associated Community Action Program (ACAP) Eden Area Multiservice

Center, 3rd Floor 24100 Amador Street Hayward, CA 94544 (510) 259-3501 Financial education and tax preparation to low-income families and individuals to help them become stable and selfsufficient. www.alamedasocialservices. org/bublic/community/ boards/acap.cfm

#### Alameda County Social Services Agency CalWORKs, TANF, Welfareto-Work

3311 Pacific Avenue Livermore, CA 94550 (925) 445-0747 Provides financial assistance and social services for lowincome children and their families. Education, job training and job services to TANF recipients. www.alamedasocialservices.org

California State **Employment Development** Department (EDD) **EASTBAY Works** The Tri-Valley One-Stop Career Center

5020 Franklin Drive Pleasanton, CA 94588 (925) 485-5262 A self-directed career center that offers job search assistance and tools. Access to the EDD. CalJOBS and the America's Job Bank. www.trivalleyonestop.com

Consumer Credit Counseling Services of the East Bay (CCCS) 7677 Oakport St, Suite 210

Oakland, CA 94621 (510) 636-9397 Offers credit counseling and money management education that enables people to regain and keep control of their finances. www.cccsebay.org

Horizon High School School Age Mothers and Young Fathers Program 245 Abbie Street Pleasanton, CA 94566 (925) 426-4275 Offers high school courses that enable teenage parents to graduate from high school in the Tri-Valley area. Provides transportation and childcare for students.

www.pleasanton.k12.ca. us/horizon

Las Positas College Tri-Valley CalWORKs 3033 Collier Canyon Rd. Livermore, CA 94551 (925) 424-1459 Offers CalWORKs participants counseling for both personal and educational needs.

Livermore Valley Joint **Unified School District** Livermore Adult Education

www.laspositascollege.edu

1401 Almond Avenue Livermore, CA 94550 (925) 606-4722 Offers adult education classes, including ESL, GED, High School Diploma, vocational education, senior and special interest programs. www.livermoreadulted.org

Pleasanton Unified School District Amador Valley Adult and

**Community Education** 215 Abbie Street Pleasanton, CA 94566 (925) 426-4280 Classes for adults age 18 and over; offers ESL, Citizenship, GED, and senior citizen classes at no charge. www.pleasanton.k12.ca.us

Tri-Valley Regional Occupational Program (ROP)

2600 Kitty Hawk Road, Suite 117 Livermore, CA 94551 (925) 455-4800 Vocational, technical and occupational education for high school and adult students www.terob.org

#### Family Planning

Axis Community Health Medical Clinic See Health Services

Birthright

1520 Catalina Court, Bldg. C Livermore, CA 94550 (925) 449-5887 Counseling and information,

free confidential pregnancy testing, diapers and clothing for pregnant women of any age. www.birthright.org

Livermore, Inc.

Mailing address:

(925) 580-1616

Livermore, CA 94550

Offers hot meals to anyone who

is hungry. Times and locations vary.

www.openheartkitchen.org

Thrift Store and Voucher

Provides clothing and household

groups to purchase goods from

thrift stores at a 40% discount.

Tri-Valley Church of Christ

Supplemental food and clothing

to help support families in need.

www.livermorechurch.org

Society of St. Vincent

1817 Second Street

(925) 455-1104

Livermore, CA 94550

goods to voucher program

www.svdp-alameda.org

Community Care

4481 East Avenue

(925) 447-4333

Tri-Valley Haven

(925) 449-1664

418 Junction Avenue

Livermore, CA 94550

Free groceries for low-income,

distribution hours are Monday,

Friday 1-5 pm; Thursday 1-7 pm.

Health Services

Tri-Valley residents. Food

Tuesday, Wednesday and

www.trivalleyhaven.org

Access for Infants and

Sacramento, CA 95852

Affordable health insurance

program for pregnant women

who are not eligible for no-cost

information for health care and

www.acphd.org/user/about/

American Cancer Society

Cancer information, access

7000 Village Pkwy, Suite E

about\_clearinghouse.htm

Mothers (AIM)

P.O Box 15559

(800) 433-2611

www.aim.ca.gov

Alameda County

(888) 604-4636

Provide referrals and

other support services.

**Dublin, CA 94568** 

(925) 833-2784

Medi-Cal.

/homelessservices.html

Food Pantry

Livermore, CA 94550

Suite 137

de Paul

Program

Thrift Store:

#### Livermore Pregnancy Resource Center 4200 East Ave., Suite 104

Livermore, CA 94550 (925) 447-1111 24-Hour Hotline: (925) 321-1965 Free and confidential pregnancy testing, scheduled or drop-in appointments, counseling and information, referrals to community resources and agencies. www.livermoreprc.org

#### Planned Parenthood of San Ramon

130 Ryan Industrial Court, #115 San Ramon, CA 94583 (925) 838-2108 Women's health care provider, educator, and advocate, serving women, men, teens, and families. Topics include birth control, pregnancy, STDs, and abortion www.plannedparenthood.org

Valley Pregnancy Center 7660 Amador Valley Blvd.

Dublin, CA 94568 (925) 828-4458 Free pregnancy testing, prenatal classes, support groups, counseling and referrals for individuals and couples. www.valleypregnancycenter.org

# Food and Clothing

#### Axis Community Health WIC Program

1991 Santa Rita Rd., Suite H Pleasanton, CA 94588 (925) 462-2365 Provides supplemental food. nutrition counseling, and support services to pregnant women, infants, and children. www.axishealth.org/wic.asp

#### Children's Emergency Council

7421 Amarillo Road Dublin, CA 94568 (925) 828-5363 Distributes emergency food boxes six times a year and Christmas baskets to needy residents of Alamo, Danville, Dublin, Pleasanton, and San Ramon. Food vouchers for grocery stores are distributed twice a year.

Open Heart Kitchen of to support groups, equipment rental, rehabilitation programs and transportation. 1141 Catalina Drive. www.cancer.org

#### Axis Community Health Medical Clinic Livermore Clinic:

3311 Pacific Avenue Livermore, CA 94550 (925) 447-1881 Pleasanton Clinic: 4361 Railroad Avenue Pleasanton, CA 94566 (925) 462-1755 Primary care health clinics offering TB testing, blood pressure screening, family planning, prenatal care and pediatrics. www.axishealth.org

Hope Hospice 6500 Dublin Blvd., Suite 100

Dublin, CA 94568 (925) 829-8770 Provides compassionate, quality end-of-life care and grief support to patients and their families. www.hopehospice.com

HOPE Project

40849 Fremont Boulevard Fremont, CA 94538 (925) 373-5313 Medical services, counseling for homeless in the Tri-Valley. www.tricityhomeless.org/ Programs/hope\_project.html

Tri-City Health Center

3311 Pacific Ave, Room 14 Livermore, CA 94550 (925) 606-1451 Valley HIV program. Free anonymous HIV testing and counseling. www.tri-cityhealth.org

# U.S. Department of Veteran Affairs

Veterans Medical Center 4951 Arroyo Road Livermore, CA 94550 (925) 373-4700 Medical care, mental health, podiatry, neurology, dental clinic for veterans. No surgery. www.palo-alto.med.va.gov

#### Public Health Clearinghouse Housing Resources

City of Livermore Housing Information Livermore, CA 94550 (925) 960-4580

1052 S. Livermore Avenue Provides listings of affordable housing and related services in the Tri-Valley area. www.ci.livermore.ca.us/ housing\_assistance/index.html

City of Pleasanton

Housing Information 157 Main Street Pleasanton, CA 94566 Recorded Information: (925) 931-5011 Housing Specialist: (925) 931-5007 The City coordinates and/or provides information regarding affordable housing programs. www.ci.pleasanton.ca.us /community/housing

**ECHO Housing** 

3311 Pacific Avenue Livermore, CA 94550 (925) 449-7340 Provides fair housing education, home-seeking counseling, tenant/landlord mediation, and rental assistance programs www.echofairhousing.org

Eden I&R, Inc. 2-1-1 Alameda County 570 B Street Hayward, CA 94541 Dial 2-1-1 Provides information and

referral services by phone and through the development of resource products regarding affordable housing and shelter services. www.edenir.org

Livermore Housing

Authority 3203 Leahy Way Livermore, CA 94550 (925) 447-3600 Provides subsidized rental housing for low-income families, seniors and disabled persons www.livermorehousing authority.com

Shepherd's Gate

1660 Portola Avenue Livermore, CA 94551 (888) 216-4776 Provides emergency shelter for women and their children who are displaced by abuse, financial hardships or addictions. www.shepherdsgate.org

#### Tri-Valley Haven Domestic Violence Shelters-Crisis Hotline

P.O. Box 2190 Livermore, CA 94550 (925) 449-5842 Offers shelter counseling and advocacy for shelter residents as well as victims of domestic violence who are not living in the shelters. www.trivalleyhaven.org

Tri-Valley Haven **Homeless Services** 

P.O. Box 2190 Livermore, CA 94550 (925) 449-2510 Provides shelter for homeless families, couples, women with children, men with children, and single women (if space is available). www.trivalleyhaven.org

Center

3900 Valley Ave, Unit B

Pleasanton, CA 94566

Socialization, counseling,

www.bayareacs.org

Alameda County

Oakland, CA 94609

24-hour crisis line:

(800) 309-2131

(800) SUICIDE

Offers support to people of

during times of crisis. Works

to prevent suicide and offers

www.crisissupport.org

Illness (NAMI)

Pleasanton, CA, 94566

Provide peer education and

support, advocacy, and raise

Senior Services

Adult Day Services Network

6955 Foothill Blvd, Suite 300

of Alameda County

Oakland, CA 94605

with chronic conditions,

who work with them

www.adsnac.org

East Bay

561 A Street

(510) 888-1411

related disorder

www.aseb.org

Provides information about

adult day programs to people

dementia or disabilities, their

caregivers and the professionals

Alzheimer's Services of the

Provides a secure environment,

assistance to persons diagnosed

with Alzheimer's disease or a

socialization, and personal

Adult Day Health Care

Hayward, CA 94541

(510) 883-0874

public awareness for people

living with mental illness.

P.O. Box 5563

(925) 980-5331

(925) 443-1797

www.nami.org

Adult:

Children:

hope and caring during times of

Horizons Family Counseling

National Alliance on Mental

See Youth and Teen Services

all ages and backgrounds

Nationwide:

hopelessness.

P.O. Box 3120

activities and group meetings

for adults with mental illnesses.

both Livermore and Pleasanton.

Group housing is available in

Crisis Support Services of

(925) 484-8457

Tri-Valley Housing Opportunity Center (TVHOC)

145 N. Livermore Avenue Livermore, CA 94550 (925) 373-3930 Information regarding private sector lender programs, down payment assistance, home buyer pre- and post-purchase education, and foreclosure counseling. www.tvhoc.org

Tri-Valley Housing Scholarship Program 3311 Pacific Avenue Livermore, CA 94550

(925) 373-5313 Case management and housing counseling services for families at risk of being homeless. www.alliedhousing.org/ tvhsp.html

# Mental Health and Counseling

Alameda County Health Care Services Agency **ACCESS Program** (800) 491-9099

Countywide program designed to facilitate through appropriate referrals, timely access to mental health, alcohol and other drug treatment services for residents of Alameda County. www.acbhcs.org

**Anthropos Counseling** 

326 South L Street Livermore, CA 94550 (925) 449-7925 Counseling services for individuals and families, including substance abuse. codependency and peer counseling. www.anthroposcounseling.org

Axis Community Health

6666 Owens Drive Pleasanton, CA 94588 (925) 201-6240 Counseling for adults, families and children. Provides general counseling, anger management programs, domestic violence prevention and school-based counseling. www.axishcalth.org

California Advocates for **Bay Area Community** Services, Inc. (BACS) **Nursing Home Reform** Valley Creative Learning (CANHR)

Mailing address: 650 Harrison Street, 2nd Floor San Francisco, CA 94107 Consumer Information: (800) 474-1116 Other Inquiries: (415) 974-5171 Educates and supports long term care consumers and advocates regarding the rights and remedies under the law through direct advocacy, community education, legislation and litigation.

**Dublin Senior Center** 7600 Amador Valley Blvd. **Dublin, CA 94568** 

www.canhr.org

(925) 556-4511 Multi-service senior center providing a variety of recreational and art activities. Also referrals for in-home supportive care, health screening and a la carte

lunches. www.ci.dublin.ca.us

Lavender Seniors of the East Bay

1395 Bancroft Avenue San Leandro, CA 94577 (510) 667-9655 Provides social activities, support, and networking for older Lesbian, Gay, Bisexual and Transgender seniors in the East Bay through outreach, advocacy, and education. www.lavenderseniors.org

# Legal Assistance for Seniors See Criminal Justice and Legal

Services

Livermore Senior Services Center

4444 East Avenue Livermore, CA 94550 (925) 373-5760 Social, recreational, educational activities, a nutrition program and counseling to Tri-Valley residents ages 55 and older. www.larpd.dst.ca.us

Pleasanton Senior Center

5353 Sunol Boulevard Pleasanton, CA 94566 .(925) 931-5365 Recreation, health education, classes and meal program for seniors in Tri-Valley area. www.ci.pleasanton.ca.us/ services/senior

Pleasanton Paratransit Services (PPS) See Transportation Services

> Senior Support Program of the Tri-Valley 5353 Sunol Boulevard Pleasanton, CA 94566 (925) 931-5379 Case management, health screening, in-home registry and visitors programs for seniors.

Social Security Administration 24301 Southland Dr. Suite 500 Hayward, CA 94545 (800) 772-1213 Processes claims for all Social Security programs, and issues original and duplicate Social Security cards. www.socialsecurity.gov

www.ci.pleasanton.ca.us

Spectrum Community Services, Inc. Senior Nutrition and **Activities Program** 1435 Grove Way Hayward, CA 94546 Enrollment: (510) 881-0300 <u>Pleasanton:</u> (925) 931-5385 Livermore:

(925) 373-5764 Congregate and home-delivered meals for seniors, age 60 or over. Programs located at Pleasanton and Livermore Senior Centers. www.spectrumcs.org

#### Transportation

**AC Transit** 1600 Franklin Street Oakland, CA 94612 (510) 447-0192

www.actransit.org

**ACE Train** 

Livermore Station: 2418 Railroad Avenue Livermore, CA 94550 (800) 411-RAIL Pleasanton Station: 4950 Pleasanton Ave., Pleasanton, CA 94566 (800) 411-RAIL www.acerail.com

**BART** 

5801 Owens Drive Pleasanton, CA 94588 (925) 676-2278 www.bart.gov

Dial A Ride-Livermore/Pleasanton 1362 Rutan Court. Suite 100 Livermore, CA 94551 (925) 455-7510 www.lavta.org/dialaride Livermore/Amador Valley/ Transit Authority WHEELS

1362 Rutan Ct., Suite 100 Livermore, CA 94551 (925) 455-7500 www.lavta.org

Pleasanton Paratransit

Services (PPS)

See Transportation Services

5353 Sunol Boulevard Pleasanton, CA 94566 (925) 931-5376 Scheduled door-to-door, shared ride transportation for residents of Pleasanton and Sunol age 60 and above and disabled adults 18 and above. www.ci.pleasanton.ca.us/ services

#### Youth and Teen Services

**Anthropos Counseling** See Mental Health and Counseling

Axis Community Health - Adult & Teen Drug and Alcohol Recovery (DARP) (925) 201-6201 (Teen) See Alcohol and Drug Services

**DubTown Teens** Website offering various resources for teens. www.dubtownteens.com

Horizons Family Counseling 1112 S. Livermore Avenue Livermore, CA 94550 (925) 371-4747 Family crisis counseling. Serves Dublin, Livermore, Pleasanton and Sunol Glen School District. www.ci.livermore.ca.us/

Parents, Families and Friends of Lesbians and Gays (PFLAG) P.O. Box 40 San Ramon, CA 94583

Horizons

(925) 838-8632 Promote the health and wellbeing of gay, lesbian, bisexual and transgender persons, their families and friends. www.pflag.org

PTown411 Website offering various resources for teens.

www.ptown411.com

(ages 14-21).

The Tri-Valley One Stop Career Center 5020 Franklin Drive Pleasanton, CA 94588 (925) 485-5262 Career counseling and career assessment and job search assistance for young adults

www.trivalleyonestop.com/

Tri-Valley YMCA Youth and Teen Programs 4725 First Street, Suite 200 Pleasanton, CA 94566 (925) 475-6108 Youth and Government, after school and summer programs, and Youth on Campus programs. www.trivalley.ymcaeastbay.org

#### Miscellaneous

Parks and Community

City of Dublin

Services Department 100 Civic Plaza Dublin, CA 94568 (925) 556-4500 Develops and implements quality programs that strengthen community image, provides recreational experiences. encourages healthy lifestyles and preserves the City's heritage www.ci.dublin.ca.us/ Departments.cfm?PL=rec

City of Livermore **Human Services** Information Line

1052 S. Livermore Avenue Livermore, CA 94550 (925) 960-4590 Information on human services in Livermore and the Tri-Valley. www.ci.livermore.ca.us

City of Pleasanton Parks and Community Services Department Mailing address: 200 Old Bernal Road Pleasanton, CA 94566 (925) 931-5340 and facilities for all ages through its Parks

Offers indoor and outdoor activities, classes, services Maintenance, Recreation Civic Arts, Human Services, Landscape Architecture and Administration divisions www.ci.pleasanton.ca.us/ services/recreation

LARPD

Livermore, CA 94550 (925) 373-5700 Maintains Livermore Area system of parks, recreation areas and facilities. Provides recreation programs that educate and enrich the lives of people within the District. www.larpd.dst.ca.us

4444 East Avenue